











WEEK 3	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pizza of the day served with homemade Cajun wedges	Chicken fillet burger with baby jackets	Roast Turkey with roast potatoes and gravy	Beef lasagne with garlic bread 	Crunchy fish square with chips
VEGETARIAN MAIN DISH	Vegetable frittata with boiled potatoes 	BBQ bean burger with baby jackets 	Roast Quorn™ fillet with roast potatoes and gravy	Veggie lasagne with garlic bread 	Roasted vegetable and bean wrap with chips
ACCOMPANIMENTS 	Seasonal vegetables	Seasonal salad	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
DESSERTS	Flapjack 	Blueberry and banana muffin 	Pineapple upside down cake with custard 	Lemon drizzle cake	Fruit in jelly 
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO SELECTION AND PASTA	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day



MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE