










WEEK 1	MONDAY 	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Pizza of the day served with homemade Cajun wedges	Lemon, chicken and herb risotto  	Roast chicken and stuffing with roast potatoes and gravy	Pork sausage and mash with gravy	Golden fish fingers with chips
VEGETARIAN MAIN DISH	Sweet potato and onion pie  	Lemon and herb risotto	Roast Quorn™ fillet with roast potatoes and gravy	Vegetarian Sausage and mash with gravy	Quorn™ nuggets with chips
ACCOMPANIMENTS 	Seasonal vegetables	Seasonal salad	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
DESSERTS	Lemon cookie 	Oaty biscuit	Peach and raspberry cobbler and custard 	Strawberry whip	Fruit and ice cream 
FRESH FRUIT OR YOGHURT	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt	Fresh fruit or yoghurt
JACKET POTATO SELECTION AND PASTA	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day	Jacket potato with a choice of fillings or pasta of the day



MENU



Fuel your afternoon with a healthy school lunch from Mellors

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE