FRESH FRUIT OF Fresh or YOGHURT	DESSERTS	ACCOMPANIMENTS	VEGETARIAN MAIN DISH	MAIN DISH	WEEK I
or Yoghurt	Shortbread	Green beans & sweetcorn Salad bar	Sweet 8 sour Quorn <sup>TM</sup> with 50/50 rice	Margherita pizza with baked potato wedges	MONDAY
Fresh or Yoghurt	Chocolate muffin	Sweetcorn & broccoli Salad bar	Macaroni cheese	Chicken tikka masala with 50/50 rice	TUESDAY
Fresh or Yoghurt	Fresh fruit 8 whip	Seasonal vegetables Salad bar	Marinated Quorn™ pitta with baked potato wedges	Homemade meat & potato pie with mash potato	WEDNESDAY
Fresh or Yoghurt	Ginger cake 8 custard	Sweetcorn & carrots Salad bar	Vegan sausage 8 mash potato with gravy	Pork sausage with creamy mash potato & gravy	THURSDAY
Fresh or Yoghurt	<b>Pb</b> Fruit in jelly	Peas & baked beans Salad bar	Quorn <sup>TM</sup> nuggets with chunky chips	Chicken tenders & chunky chips	FRIDAY
	Fresh or Yoghurt fruit or Yoghurt fruit Fresh fruit Fresh fruit Fresh fruit	Chocolate muffin  Fresh fruit  Ginger cake  Gwhip  Fresh custard  Fresh  Fresh	Sweetcorn 8 broccoli vegetables Salad bar Salad bar Salad bar Salad bar  Chocolate muffin  Fresh fruit Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit  Fresh fruit	Marinated Cuorn <sup>TM</sup> pitta with baked with baked potato wedges  Sweetcorn 8 broccoli Salad bar  Chocolate muffin  Fresh fruit  Fresh fruit  Fresh fruit  Marinated Quorn <sup>TM</sup> pitta sausage 8 mash potato with gravy  Photato wedges  Sweetcorn Photato wedges Salad bar Salad bar Salad bar Salad bar Salad bar Salad bar Fresh fruit Ginger cake Scustard Fresh Fresh fruit Fresh Fresh fruit Fresh fruit Fresh fruit Fresh fruit Fresh fruit Fresh fruit	Chicken tikka masala with sol/50 rice  Chicken tikka be potato pie with sausage with creamy mash sol/50 rice  Macaroni cheese  Macaroni cheese  Macaroni cheese  Sweetcorn 6 broccoli  Salad bar  Chocolate muffin  Fresh or Yoghurt  Fresh fruit  Chicken tikka be potato pie with sausage with chur creamy mash potato gravy  Marinated  Vegan  Quorn mash potato gravy  Vegan  Sausage 6 mash potato  with baked potato wedges  Sweetcorn  Pake carrots  Salad bar  Salad bar  Salad bar  Salad bar  Salad bar  Fresh gruit  Fresh or Yoghurt  Fresh fruit  Fresh fruit









5 - 1 OF YOUR 5 A DAY







16 - PLANT-BASED (VEGAN)